Varvtidslista
Borås 6-timmars 2022
2022-11-05

Varvlängd :1892 meter
Startvarv: 571 meter
Plats: Rund Byttorpssjön (Kolbränningen)

Startnr	Namn	Klubb	Resultat
139	**Jan Paraniak**	**Borås LK**	
	3:54		3:54
	11:46		15:40
	12:08		27:49
	12:16		40:06
	12:29		52:35
	14:57		1:07:33
	19:56		1:27:30
159	**Jimmy Voxek**	**Falkenberg Allstars**	
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	7:41		17:36
	7:33		25:09
	7:45		32:55
	7:45		40:40
	7:47		48:28
	8:04		56:32
	7:50		1:04:23
	7:44		1:12:07
	7:52		1:20:00
	7:39		1:27:40
	7:48		1:35:28
37	**Camilla Berggren**	**FK Herkules**	
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	9:00		11:43
	9:04		20:48
	9:05		29:53
	9:56		39:49
	8:38		48:28
	8:04		56:32
	7:50		1:04:23
	11:30		1:15:54
	11:31		1:27:25
	10:22		1:37:47
198	**Robert Jevic**	**Borås Löparklubb**	
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	12:13		1:13:27
	13:00		1:26:28
	12:00		1:38:28
	12:00		1:50:28
	14:00		2:04:29
237	**Joacim Longum**	**Team Löplabbet**	
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	10:17		23:46
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	10:13		44:19
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146 Erica Partanen		**Klubblös**	
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	12:19		1:40:36
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	19:43		2:26:36
77 Nanne Backman		**Team Ultrasweden**	
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	11:43		26:57
	12:01		38:59
	11:57		50:56
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	12:27		1:15:10
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	12:14		1:39:54
	12:21		1:52:15
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	14:33		2:19:47
	12:44		2:32:31
78 Hampus Otterborg		**Team Ultrasweden**	
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	11:07		2:15:40
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140 Conny Paraniak		**Team Instakon**	
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	12:08		51:08
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100 Siw Hedlin		**Axa sport club**	
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11	**Ulf Andersson**	**Klubblös**	
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51	**Fredrik Palm**	**Scania road runners**	
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	11:15		2:57:05
56	**Karima Makrof**	**Majornas IK**	
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138	**Barbro Paraniak**	**Borås LK**	
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153	**Kenneth Melin**	**Team Ultrasweden LK**		
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157	**Jennie Ahlin**	**Team Ultrasweden LK**		
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154	**Patrik Andersson**	**iFK skovde**		
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88	**Kent Eriksson**	**Klubblös**		
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173	**Cecilia Flodqvist**	**Skövde triathlon**	
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177	**Andreas Tärnegård**	**Borås Löparklubb**	
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132	**Jonathan Johansson**	**Ultimate gym**	
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191	**Helen Simonen**	**SOK Knallen**	
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49 Russell Adams		**Klubblös**	
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89 Senad Bahonjic		**Falkenbergs RR**	
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76 David Annas		**Klubblös**	
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200 Anders Hansson		**Solvikingarna**	
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235 Elena Nadelen		**Klubblös**	
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65 Maroje Udovicic		**Klubblös**	
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		12:16	3:51:04
		11:45	4:02:50
162	**Niklas Henningsson**	**Klubblös**	
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143	**Michael Larsson**	**Klubblös**	
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142	**Anette Larsson**	**Klubblös**	
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105 Espen Skancke	**GOAT**		
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182 Nicolas Del Vecchio	**Alingsås IF Friidrott**		
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156 Agnes Evertsson	**iFK skovde**		
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123	**Oscar Melin**	**Ifk Skövde**	
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145	**Susanne Ohlsén**	**Hestra IF**	
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		16:40	4:26:32
180	**Ola Sjöberg**	**Klubblös**	
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	14:52		4:21:42
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30	**Karin Stridh**	**Hestra IF**	
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	10:57		59:25
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	11:05		1:21:44
	11:08		1:32:53
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	12:58		4:07:53
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	14:13		4:34:53
91	**Julia Lacandler**	**SOK Knallen**	
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	11:21		1:07:42
	9:58		1:17:41
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	10:03		1:38:29
	9:59		1:48:28
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	10:57		2:32:11
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	12:52		3:18:04
	10:39		3:28:43
	12:11		3:40:54
	13:06		3:54:01
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	31:07		4:36:05
15	**Daniel von Bargen**	**Klubblös**	
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	17:02		4:32:32
	16:28		4:49:00
172	**Carl Sjögren**	**Tidaholm SOK Sisu**	
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	10:57		1:54:45
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	11:16		3:02:43
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	12:56		3:26:32
	15:28		3:42:00
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2	**Teresa Ypyä**	**Klubblös**	
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	32:04		4:51:56
238	**Annie Hammarling**	**Klubblös**	
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	10:51		3:35:23
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19 Leif Karlsson		**Solvikingarna**	
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	14:47		3:45:59
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	19:32		5:01:52
84 Anders Kihl		**Klubblös**	
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	11:03		2:14:19
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161 Åsa Rott		**Klubblös**	
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63 Sara Mälbrink		**Klubblös**	
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64 Pernilla Jansson		**Klubblös**	
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		17:06	4:29:54
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		15:04	5:16:54
183	**Lennart Skoog**	**Stenungsunds OK**	
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		13:34	5:27:27
144	**Andreas Melin**	**IFK Skövde FIK**	
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107 Anette Ahl		**Klubblös**	
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126 Villa Hagman		**Team OVE**	
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29 Erik Bengtsson		**Klubblös**	
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113	**Maria Mangfors Hallberg**	**Crossfit Spiro Halmstad**	
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102	**Markus Agebjörn**	**Aroseniusskolans Skolidrottsförening**	
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232	**Fredrik Kling Magnusson**	**Umara SC**	
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36	**Marlene Svensson**	**Klubblös**	
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231	**Fredrik Kaburek**	**U3**		
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41	**Monica Larsson**	**Klubblös**		
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40	**Roger Hermansson**	**Capero Training**		
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7 Pär Lindbäck		**Falkenbergs RR**	
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	10:08		43:40
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	10:14		1:14:15
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	10:06		1:34:39
	10:08		1:44:47
	10:05		1:54:53
	10:07		2:05:00
	10:03		2:15:03
	9:59		2:25:02
	10:03		2:35:06
	10:01		2:45:08
	10:06		2:55:15
	10:17		3:05:32
	10:09		3:15:42
	10:00		3:25:43
	10:09		3:35:52
	10:13		3:46:05
	10:08		3:56:13
	10:43		4:06:57
	10:49		4:17:47
	10:58		4:28:46
	9:52		4:38:38
	9:40		4:48:18
	9:47		4:58:06
	10:41		5:08:47
	12:04		5:20:51
	12:26		5:33:18
	15:12		5:48:30
187 Anneli Svensson		**Sok knallen**	
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	11:42		15:27
	11:41		27:08
	11:25		38:33
	11:24		49:58
	11:12		1:01:11
	11:17		1:12:28
	11:10		1:23:39
	13:04		1:36:43
	11:17		1:48:00

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		11:18	2:22:36
		11:30	2:34:07
		12:41	2:46:48
		11:46	2:58:34
		11:43	3:10:17
		11:54	3:22:12
		12:39	3:34:51
		12:08	3:47:00
		14:07	4:01:07
		12:30	4:13:38
		12:14	4:25:52
		14:43	4:40:36
		13:17	4:53:54
		14:59	5:08:53
		13:00	5:21:53
		14:01	5:35:55
		12:54	5:48:49
169	**Sandra Eriksson Axelsson**	**Norrvirdarna**	
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		11:11	59:05
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		10:42	1:21:14
		10:51	1:32:05
		10:49	1:42:54
		10:52	1:53:47
		11:23	2:05:11
		10:56	2:16:08
		11:07	2:27:16
		11:05	2:38:21
		11:14	2:49:36
		11:17	3:00:53
		11:15	3:12:08
		11:10	3:23:19
		10:45	3:34:04
		11:09	3:45:14
		11:36	3:56:50
		11:17	4:08:08
		11:09	4:19:17
		11:03	4:30:21
		11:09	4:41:30
		11:10	4:52:41
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		11:12	5:15:42
		11:11	5:26:53
		10:50	5:37:44
		11:09	5:48:54
240	**Clara Svahn**	**Uppsala LK**	
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		10:56	1:34:22
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		11:02	1:56:25
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		11:14	2:18:46

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		11:17	3:15:09
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		12:22	3:38:45
		11:53	3:50:38
		12:17	4:02:56
		13:10	4:16:06
		13:45	4:29:52
		12:42	4:42:35
		13:25	4:56:00
		13:28	5:09:29
		13:09	5:22:38
		13:24	5:36:03
		13:06	5:49:09
133	**Theresia Johansson**	**Klubblös**	
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		11:25	26:01
		11:05	37:06
		10:36	47:43
		10:18	58:01
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		10:02	1:48:36
		11:09	1:59:46
		9:38	2:09:25
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		11:00	2:52:31
		10:48	3:03:19
		10:25	3:13:44
		18:20	3:32:05
		11:18	3:43:23
		10:39	3:54:02
		10:55	4:04:58
		10:20	4:15:18
		22:55	4:38:13
		11:12	4:49:25
		10:43	5:00:09
		10:54	5:11:04
		16:57	5:28:02
		11:03	5:39:05
		10:37	5:49:42
92	**Marcus Haeggström**	**High Coast triathlonclub**	
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		8:08	10:29
		8:11	18:41
		8:00	26:41
		8:02	34:44
		8:04	42:48
		8:04	50:52
		8:12	59:05
		8:01	1:07:06
		8:07	1:15:14
		8:07	1:23:22
		8:11	1:31:33
		8:11	1:39:45
		8:11	1:47:57
		8:08	1:56:05
		8:11	2:04:16
		8:07	2:12:23
		8:10	2:20:34

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	8:03		2:36:49
	8:00		2:44:49
	7:56		2:52:46
	8:06		3:00:53
	7:58		3:08:51
	8:00		3:16:51
	8:00		3:24:52
	8:03		3:32:55
	8:10		3:41:06
	8:13		3:49:19
	8:10		3:57:30
	8:22		4:05:52
	8:16		4:14:08
	8:24		4:22:32
	8:34		4:31:06
	8:25		4:39:32
	8:53		4:48:25
	8:36		4:57:01
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	8:43		5:14:26
	8:51		5:23:17
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	8:54		5:41:08
	8:51		5:50:00
72 Cecila Thorsson	**Varberg Running Club**		
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	10:01		23:14
	10:03		33:18
	10:02		43:21
	9:59		53:20
	10:04		1:03:25
	10:00		1:13:26
	10:06		1:23:32
	9:58		1:33:31
	9:57		1:43:28
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	10:20		2:03:50
	10:28		2:14:18
	10:10		2:24:28
	10:29		2:34:58
	10:15		2:45:13
	10:10		2:55:23
	10:21		3:05:45
	11:31		3:17:17
	10:05		3:27:23
	10:27		3:37:50
	10:13		3:48:03
	10:20		3:58:24
	10:36		4:09:01
	10:51		4:19:53
	12:24		4:32:17
	10:33		4:42:50
	11:22		4:54:13
	11:39		5:05:52
	11:15		5:17:07
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	11:13		5:39:13
	10:51		5:50:04
151 Lars Wahlqvist	**Borås Löparklubb**		
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	10:48		47:55

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		23:40	4:39:41
		15:26	4:55:08
		13:42	5:08:51
		14:15	5:23:07
		14:08	5:37:15
		12:50	5:50:06
239	**Leif Johansson**	**TV88**	
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		11:36	1:28:49
		11:17	1:40:07
		11:44	1:51:51
		11:50	2:03:42
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		14:30	3:17:48
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		14:41	3:44:37
		19:16	4:03:54
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		13:53	4:43:27
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		19:12	5:37:20
		13:00	5:50:21
196	**Emilia Lahode**	**U3**	
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		13:55	1:05:22
		16:05	1:21:28
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		13:23	1:47:26
		16:12	2:03:39
		13:07	2:16:47
		16:29	2:33:16
		14:12	2:47:28
		18:09	3:05:38

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	16:48		3:38:10
	16:51		3:55:02
	18:21		4:13:23
	16:09		4:29:32
	17:28		4:47:01
	15:20		5:02:22
	16:10		5:18:32
	16:23		5:34:56
	15:59		5:50:55
141 Christian Strömberg	**IKHP**		
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	12:15		1:17:03
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	15:32		3:07:57
	17:53		3:25:50
	17:39		3:43:29
	18:11		4:01:41
	19:03		4:20:45
	18:10		4:38:55
	19:14		4:58:09
	18:47		5:16:57
	17:40		5:34:38
	16:18		5:50:56
44 Karolina Magnusson	**Klubblös**		
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	11:32		15:37
	11:40		27:17
	11:46		39:04
	11:38		50:42
	11:54		1:02:37
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	11:46		2:01:09
	11:46		2:12:56
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	12:02		2:36:51
	12:06		2:48:58
	12:47		3:01:45
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	13:03		3:32:20
	13:43		3:46:04
	14:49		4:00:54
	14:05		4:14:59
	14:13		4:29:13
	14:15		4:43:28
	14:03		4:57:32
	13:37		5:11:10
	13:28		5:24:38
	13:06		5:37:45
	13:12		5:50:57
117 Rickard Person	**Ifk skövde fik**		
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		9:50	51:49
		9:35	1:01:25
		9:52	1:11:17
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		14:19	4:04:31
		13:02	4:17:33
		12:39	4:30:12
		12:38	4:42:51
		12:51	4:55:42
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		10:34	5:18:14
		10:50	5:29:05
		11:09	5:40:14
		10:50	5:51:05
185	**Malin Ekholm Bark**	**Gruvan Lammhult**	
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		10:53	37:09
		10:50	47:59
		11:04	59:04
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		11:00	1:21:24
		11:03	1:32:28
		11:26	1:43:54
		10:55	1:54:50
		11:12	2:06:02
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		11:25	2:52:41
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		12:04	3:16:17
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		12:14	3:52:04
		12:35	4:04:39
		13:05	4:17:44
		15:07	4:32:52
		13:30	4:46:22
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		13:16	5:13:00
		13:40	5:26:41
		12:30	5:39:11
		11:59	5:51:10
130	**John Jensen**	**Svenljunga IK Trail**	
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		12:12	5:01:55
		12:21	5:14:16
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		12:30	5:38:51
		12:46	5:51:38
160	**Sören Remar**	**Borås Löparklubb**	
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		16:45	5:33:59
		17:47	5:51:47
6	**Johanna Nilsson**	**Falkenbergs RR**	
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		12:03	1:52:35
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97	**Mattias Gustavsson**	**Växjö Skateboardförening**		
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			13:20	5:51:51
175	**Andreas Jakobsson**	**Löpcoachen.com**		
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			9:22	58:56
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			9:35	1:17:53
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			9:39	1:37:10
			9:46	1:46:57
			9:32	1:56:30
			9:28	2:05:58
			9:39	2:15:37

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		9:47	5:51:54
234	**Johan Ylläsjärvi**	**Skålvägens IK**	
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		17:01	5:08:14
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		13:49	5:36:44
		15:10	5:51:54
87	**Katarina Arveklev**	**Klubblös**	
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		11:23	1:01:58
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	9:44		5:51:59
189 Magnus Ström		**Ulricehamns OK**	
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	11:55		2:21:37
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	12:08		2:46:21
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48 Sirpa Magnusson		**Ok Kullingshof**	
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	12:05		5:52:08
57	**Kent Melin**	**IF Linnéa**	
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93	**Helena Nilsson**	**Klubblös**	
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124 Erik Doverholm		**IFK Skövde FIK**	
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103 Linda Pilerud		**Umara Sports club**	
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75	**Adam Ahlvik**	**SIK Trail**	
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101	**Mikael Sandberg**	**LK Nyköpings Runners**	
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125	**Lars-Åke Johansson**	**SOLVIKINGARNA**	
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199	**Anna-Maria Trollsfjord**	**SOK-Knallen**	
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148 Jonas Svensson	**SOK Knallen**		
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112 Malin Strand	**Sävedalens AIK**		
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193 Lasse Jutemar	**Borås Löparklubb**		
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190 Annika Wellner	**Umara sports club**		
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20 Karin Olausson	**GOAT**		
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34 Niclas Grimmer	**GOAT**		
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131 Linus Ivarsson	**Klubblös**		
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195	**Emilia Kaburek**	**U3**		
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137	**Emil Lindgren**	**Klubblös**		
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83 Helene Ohlsson **Lerum Friidrott**

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9:47		5:53:38

33 Linus Söderlund **IF Åland**

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192 Marie Nohlborg		**Klubblös**	
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	10:25		56:50
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127 Magnus Vetter		**Ok Skogsvargarna**	
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171	**Andreas Sjögren**	**Tidaholm SOK Sisu**	
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		10:57	1:54:45
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		11:02	4:48:02
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98	**Karolina Gustavsson**	**Borås löparklubb**	
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		14:44	4:40:00
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147	**Malin Svensson**	**SOK Knallen**	
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106	**Lars Christensson**	**IS Göta**	
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	10:51		3:02:23
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	14:04		3:28:09
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150	**Emelie Wrangmo**	**Klubblös**	
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	10:35		2:44:51
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	12:51		5:16:43
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	12:14		5:54:16
17 Emil Falkek	**Falkenbergs RR**		
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168	**Anna Liljenberg**	**LK Corpo Rigido**	
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181	**Patrik Nylén**	**Degerfors OK**	
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	19:38		4:53:44
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80	**Maria Gustafsson**	**Sok knallen**	
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		11:12	1:45:07
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		11:09	2:16:58
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		11:21	2:48:56
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164	**Johanna Svensson**	**VBK Jkpg**	
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		11:49	3:04:49
		12:05	3:16:54
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70	**Anette Ottosson**	**Falkenberg RR**	
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45	**Sofia Frostelid**	**Vasa besättning**	
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90	**Göran Johansson**	**SOK Knallen**	
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119 Emir Halalkic **IF Kville**

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109 Anna Hedenfeldt **Högby IF**

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149 Sara Winsa		**Falkenbergs Roadrunners**	
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128 Ellen Zepp		**Borås Löparklubb**	
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	15:01		5:09:02
	11:20		5:20:23
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	10:15		5:56:29
10 Torbjörn Josefsson	**Falkenbergs RR**		
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	11:44		15:02
	11:19		26:21
	11:00		37:22
	10:57		48:20
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	11:08		1:12:21
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	13:29		1:37:44
	11:23		1:49:07
	13:44		2:02:51
	12:01		2:14:53
	13:21		2:28:15
	12:46		2:41:01
	12:42		2:53:44
	13:52		3:07:36
	12:47		3:20:24
	13:42		3:34:06
	14:27		3:48:33
	13:49		4:02:22
	12:32		4:14:55
	12:30		4:27:26
	13:16		4:40:43
	14:29		4:55:12
	17:56		5:13:09
	14:04		5:27:13
	16:14		5:43:28
	13:09		5:56:37
55 Leif Näslund	**Knallen**		
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	11:17		14:57
	11:07		26:05
	11:00		37:05
	11:04		48:10
	10:54		59:04

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	11:02		1:43:54
	12:03		1:55:57
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	12:19		2:33:09
	12:16		2:45:25
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	14:02		3:18:19
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	33:50		4:06:49
	12:49		4:19:39
	15:37		4:35:17
	16:34		4:51:51
	19:07		5:10:59
	22:16		5:33:15
	23:26		5:56:42
135 Ann Hallqvist	**SOK Knallen**		
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	11:17		14:57
	11:07		26:04
	11:00		37:05
	11:04		48:10
	10:54		59:05
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	11:39		1:32:52
	11:01		1:43:54
	12:03		1:55:57
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	12:19		2:33:09
	12:13		2:45:22
	13:13		2:58:35
	11:38		3:10:14
	11:58		3:22:12
	12:36		3:34:48
	12:33		3:47:22
	12:44		4:00:06
	12:56		4:13:02
	13:11		4:26:14
	13:26		4:39:40
	13:41		4:53:22
	14:04		5:07:27
	14:31		5:21:58
	13:43		5:35:41
	21:00		5:56:42
66 Josefine Bonde	**If Linnea**		
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	21:25		27:30
	21:22		48:53
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	21:52		1:32:42
	22:45		1:55:27
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	22:51		3:04:26
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	24:06		3:51:24
	22:49		4:14:14
	21:08		4:35:23
	21:48		4:57:11
	22:06		5:19:18
	20:22		5:39:41

	17:04	5:56:45	
184 Mia Saarni	**Team Kungälv Triathlon**		
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	9:29	22:32	
	9:35	32:08	
	10:08	42:17	
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	9:36	1:01:24	
	9:36	1:11:01	
	9:42	1:20:43	
	9:29	1:30:12	
	9:32	1:39:45	
	9:42	1:49:28	
	9:39	1:59:08	
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	9:46	2:18:40	
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	9:49	2:38:38	
	10:06	2:48:45	
	10:16	2:59:01	
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	11:16	4:30:22	
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	13:19	5:07:52	
	11:27	5:19:19	
	12:07	5:31:26	
	11:48	5:43:15	
	13:43	5:56:58	
194 Christoffer Nätt	**Team Nordic Trail**		
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	9:41	1:24:42	
	10:19	1:35:02	
	9:51	1:44:54	
	10:17	1:55:11	
	9:45	2:04:57	
	10:07	2:15:04	
	9:48	2:24:52	
	10:26	2:35:19	
	9:58	2:45:17	
	10:53	2:56:11	
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	11:36	3:58:11	
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	12:05	4:20:21	
	10:00	4:30:22	
	11:50	4:42:13	
	10:38	4:52:52	

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12:07		5:31:26	
11:48		5:43:14	
13:43		5:56:58	
167 Michael Ericsson	**Klubblös**		
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10:43		25:39	
10:29		36:09	
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11:36		4:45:34	
11:56		4:57:31	
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11:59		5:21:41	
11:59		5:33:40	
11:45		5:45:25	
11:36		5:57:02	
176 Robert Karlsson	**OK Norrvirdarna**		
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9:57		13:50	
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10:09		1:04:02	
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15:49		4:49:59	

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		13:24	5:31:52
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		12:39	5:57:12
68	**Monica Månsson Martinsson**	**Varberg Running Club**	
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		11:00	14:29
		10:54	25:23
		10:57	36:20
		10:54	47:15
		10:57	58:13
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		11:25	1:20:50
		11:39	1:32:29
		11:19	1:43:49
		12:48	1:56:38
		11:45	2:08:24
		11:56	2:20:21
		13:39	2:34:00
		12:02	2:46:03
		12:21	2:58:24
		12:58	3:11:23
		14:08	3:25:31
		13:38	3:39:10
		13:59	3:53:09
		14:06	4:07:16
		14:28	4:21:45
		15:44	4:37:30
		23:05	5:00:35
		14:49	5:15:25
		14:26	5:29:51
		15:14	5:45:06
		12:25	5:57:32
61	**Beatrice Taavo**	**Umara Sports club**	
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		8:35	19:45
		8:32	28:17
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		8:21	1:10:28
		8:22	1:18:51
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		8:24	1:35:49
		8:31	1:44:21
		8:37	1:52:58
		8:36	2:01:35
		8:39	2:10:14
		8:40	2:18:55
		8:40	2:27:36
		8:48	2:36:24
		8:49	2:45:13
		8:55	2:54:08
		8:55	3:03:04
		8:56	3:12:00
		9:02	3:21:03
		8:59	3:30:03
		9:14	3:39:17
		9:08	3:48:26
		9:05	3:57:31
		8:58	4:06:29
		9:11	4:15:40
		9:07	4:24:48

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	9:16		4:52:44
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165	**John Kindslätt**	**Uddevalla SK**	
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	8:55		1:11:36
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	9:04		1:38:18
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	8:44		2:04:33
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	8:43		2:39:26
	8:43		2:48:10
	8:38		2:56:48
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	8:42		3:14:17
	8:38		3:22:55
	8:49		3:31:45
	8:52		3:40:38
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	8:53		3:58:24
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	9:10		4:16:36
	9:17		4:25:54
	9:04		4:34:58
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	9:37		4:54:18
	10:17		5:04:36
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	11:01		5:25:35
	10:39		5:36:14
	12:05		5:48:20
	9:15		5:57:35
62	**Björn Johansson**	**Borås Löparklubb**	
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	8:58		30:12
	8:57		39:09
	9:06		48:16
	9:05		57:22
	9:28		1:06:51
	9:05		1:15:56
	9:06		1:25:02
	9:08		1:34:11
	9:16		1:43:27
	9:31		1:52:59
	9:30		2:02:29

	9:49		2:12:19
	10:34		2:22:54
	10:09		2:33:03
	10:25		2:43:28
	11:06		2:54:35
	14:13		3:08:49
	12:41		3:21:31
	11:52		3:33:23
	12:39		3:46:03
	13:43		3:59:47
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	12:10		4:25:10
	10:02		4:35:13
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	10:36		4:56:45
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	12:35		5:22:08
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	11:12		5:57:42
25 Marika Falkek	**Falkenbergs RR**		
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	12:45		56:00
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	13:00		1:47:02
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	12:46		2:38:55
	13:36		2:52:31
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	13:10		3:19:22
	13:04		3:32:26
	14:09		3:46:35
	13:53		4:00:29
	14:29		4:14:58
	14:38		4:29:36
	14:31		4:44:08
	14:09		4:58:17
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	15:04		5:29:48
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	13:19		5:57:43
134 Kent Andersson	**Upphärad**		
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	11:06		2:23:43
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13:27		5:10:50
15:54		5:26:45
15:30		5:42:15
15:35		5:57:50

136 Jennie Stahre **Uis**

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19:18		4:56:38
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16:21		5:24:48
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22:10		5:57:50

174 Kristian Hedendal **Team JKK**

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71 Erik Wickström	**Hestra IF Borås**		
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104 Stephan Höfer	**TV Wenigumstadt 1092**		
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121	**Cathrine Herngren**	**IFK Skövde FIK**	
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122	**Anders Herngren**	**IFK Skövde FIK**	
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35	**Magnus Andersson**	**Borås Löparklubb**	
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	11:12		14:58
	11:06		26:04
	11:02		37:07
	10:47		47:54
	11:41		59:36
	10:48		1:10:24
	10:42		1:21:06
	10:49		1:31:55
	10:39		1:42:34
	10:34		1:53:09
	10:36		2:03:45
	10:23		2:14:08
	10:20		2:24:28
	10:34		2:35:03
	10:49		2:45:53
	10:43		2:56:37
	10:50		3:07:27
	10:40		3:18:08
	10:35		3:28:43
	10:56		3:39:39
	11:13		3:50:53
	11:33		4:02:27
	11:35		4:14:03
	11:30		4:25:33
	11:45		4:37:18
	11:39		4:48:58
	11:50		5:00:48
	11:36		5:12:25
	11:35		5:24:00
	11:26		5:35:27
	11:18		5:46:45
	11:32		5:58:18
152	**Mats Tolfsson**	**Borås Löparklubb**	
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	10:31		13:41
	10:24		24:05
	10:17		34:22
	10:24		44:47
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	10:42		1:05:52
	10:45		1:16:37
	10:50		1:27:27
	10:52		1:38:20
	11:06		1:49:26
	12:35		2:02:02
	11:20		2:13:23
	11:51		2:25:14
	12:53		2:38:08
	13:02		2:51:10
	14:17		3:05:28
	15:26		3:20:55
	15:12		3:36:07
	15:31		3:51:39
	15:52		4:07:31
	15:58		4:23:30
	14:25		4:37:56
	21:41		4:59:37
	16:52		5:16:29
	16:48		5:33:17
	12:56		5:46:13

	12:09		5:58:23
74 Sophia Sundberg	**Keep Up RC**		
	2:20		2:20
	8:08		10:29
	8:11		18:40
	8:00		26:41
	8:02		34:43
	8:04		42:48
	8:04		50:52
	8:07		58:59
	8:06		1:07:06
	8:07		1:15:13
	8:07		1:23:21
	8:11		1:31:32
	8:12		1:39:45
	8:11		1:47:57
	8:08		1:56:05
	8:11		2:04:16
	8:07		2:12:23
	8:11		2:20:34
	8:11		2:28:46
	8:01		2:36:47
	8:00		2:44:48
	7:57		2:52:46
	8:06		3:00:53
	7:58		3:08:51
	7:59		3:16:50
	8:00		3:24:51
	8:04		3:32:55
	8:11		3:41:06
	8:10		3:49:17
	8:12		3:57:30
	8:22		4:05:52
	8:16		4:14:08
	8:24		4:22:32
	8:34		4:31:06
	8:25		4:39:31
	8:53		4:48:25
	8:36		4:57:02
	8:40		5:05:42
	8:43		5:14:25
	8:52		5:23:18
	8:54		5:32:13
	8:54		5:41:08
	8:49		5:49:57
	8:26		5:58:24
95 Therese Gustafsson	**Klubblös**		
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	13:20		17:26
	14:25		31:52
	14:22		46:14
	14:48		1:01:03
	16:44		1:17:48
	17:10		1:34:58
	16:53		1:51:52
	16:29		2:08:22
	16:06		2:24:28
	16:20		2:40:49
	17:14		2:58:03
	18:57		3:17:01
	19:41		3:36:43
	18:20		3:55:03
	18:32		4:13:35
	21:18		4:34:54
	21:53		4:56:48
	22:18		5:19:06

20:57		5:40:03	
18:30		5:58:33	
96 Helena Gustavsson	**Borås Löparklubb**		
4:05		4:05	
13:20		17:26	
14:25		31:51	
14:23		46:14	
14:49		1:01:03	
16:43		1:17:47	
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16:29		2:08:21	
16:07		2:24:29	
16:20		2:40:49	
17:12		2:58:02	
18:58		3:17:01	
19:41		3:36:43	
18:19		3:55:02	
18:32		4:13:35	
21:18		4:34:53	
21:53		4:56:47	
22:18		5:19:05	
20:57		5:40:02	
18:31		5:58:33	
158 Magnus Andersson	**Stockholm långdistansklubb**		
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9:28		21:13	
9:22		30:36	
9:31		40:08	
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9:37		2:15:36	
9:40		2:25:16	
9:57		2:35:14	
9:55		2:45:09	
9:48		2:54:57	
9:39		3:04:37	
9:45		3:14:23	
9:38		3:24:01	
9:34		3:33:35	
9:33		3:43:09	
9:35		3:52:44	
9:49		4:02:34	
9:51		4:12:25	
9:37		4:22:02	
9:29		4:31:32	
9:30		4:41:03	
9:33		4:50:36	
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9:45		5:10:13	
9:59		5:20:12	
9:38		5:29:51	
9:39		5:39:31	
9:53		5:49:25	
9:13		5:58:38	
170 Rebecka Nylén	**Degerfors Ok**		
3:21		3:21	
11:14		14:36	

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	12:54	1:06:03	
	13:19	1:19:22	
	14:23	1:33:46	
	13:33	1:47:19	
	14:33	2:01:53	
	14:00	2:15:53	
	13:54	2:29:47	
	14:28	2:44:16	
	14:54	2:59:10	
	16:20	3:15:31	
	16:39	3:32:10	
	16:56	3:49:07	
	13:19	4:02:26	
	15:13	4:17:40	
	16:23	4:34:03	
	15:28	4:49:32	
	19:05	5:08:37	
	18:14	5:26:52	
	17:41	5:44:34	
	14:06	5:58:40	
241 Therese Fredriksson	**Borås Löparklubb**		
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	9:25	21:29	
	9:15	30:45	
	9:18	40:03	
	9:06	49:10	
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	9:17	1:16:47	
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	9:12	1:35:12	
	9:13	1:44:25	
	9:14	1:53:40	
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	10:22	5:28:10	
	10:30	5:38:41	
	10:16	5:48:58	
	9:43	5:58:41	
118 Louise Kjellson	**Umara SC**		
	2:47	2:47	
	9:17	12:05	
	9:25	21:31	

9:16		30:47
9:18		40:05
9:17		49:22
9:15		58:38
9:11		1:07:50
9:21		1:17:11
9:15		1:26:27
9:11		1:35:38
9:11		1:44:49
9:08		1:53:57
9:04		2:03:02
8:58		2:12:01
8:57		2:20:58
9:06		2:30:05
9:13		2:39:18
9:14		2:48:32
9:17		2:57:50
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9:25		3:35:10
9:55		3:45:05
9:33		3:54:38
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10:30		5:16:20
12:27		5:28:47
10:12		5:39:00
10:03		5:49:03
9:45		5:58:49

155 Cathrine Evertsson **IFK skovde**

4:15		4:15
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11:20		27:11
11:22		38:34
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12:03		1:01:49
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14:52		1:38:59
12:38		1:51:38
12:23		2:04:01
12:58		2:17:00
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10:54		2:52:29
13:53		3:06:22
13:21		3:19:44
11:42		3:31:26
15:12		3:46:39
12:13		3:58:53
10:48		4:09:42
11:45		4:21:27
18:19		4:39:47
16:14		4:56:01
12:14		5:08:15
13:08		5:21:24
12:51		5:34:15
13:02		5:47:18
11:32		5:58:51

18 Kim Agelborn **Klubblös**

3:20		3:20
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10:28		44:55
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10:30		1:16:53
10:50		1:27:44
11:02		1:38:46
10:44		1:49:31
11:00		2:00:32
11:03		2:11:36
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11:07		2:44:29
11:32		2:56:01
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11:54		3:19:15
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11:53		4:46:28
11:57		4:58:26
12:47		5:11:13
13:02		5:24:16
12:59		5:37:15
11:45		5:49:01
10:09		5:59:10

47 Anna Lindgren **SOK Knallen**

3:44		3:44
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11:08		26:04
11:29		37:34
10:52		48:26
10:32		58:59
11:19		1:10:18
10:46		1:21:05
11:25		1:32:31
11:16		1:43:47
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11:48		2:17:35
10:53		2:28:28
11:01		2:39:30
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11:16		3:02:43
10:52		3:13:36
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11:05		3:37:37
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11:05		4:11:35
13:45		4:25:20
11:39		4:37:00
11:02		4:48:02
10:50		4:58:52
12:10		5:11:03
11:38		5:22:42
12:46		5:35:28
12:07		5:47:36
11:53		5:59:29

116 Niklas Svanberg **Klubblös**

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		12:00	53:58
		12:13	1:06:12
		13:47	1:19:59
		12:17	1:32:17
		12:58	1:45:16
		11:56	1:57:12
		14:14	2:11:27
		12:00	2:23:28
		13:38	2:37:06
		13:11	2:50:18
		16:18	3:06:36
		16:55	3:23:32
		16:21	3:39:54
		16:42	3:56:36
		15:46	4:12:22
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		15:34	4:46:09
		15:02	5:01:11
		16:55	5:18:06
		13:56	5:32:03
		9:23	5:41:26
		9:17	5:50:44
		8:49	5:59:33
46	**Susanne Ljunggren**	**SOK Knallen**	
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		10:26	13:40
		10:24	24:04
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		10:24	55:08
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		10:33	1:26:49
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		12:43	5:23:04
		12:59	5:36:04
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		11:19	5:59:43
27	**Kimmo Kurkinen**	**SOK KNALLEN**	
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		9:37	31:10
		9:52	41:02

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11:18	3:52:37
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11:45	5:12:49
11:44	5:24:33
12:29	5:37:02
12:54	5:49:56
10:02	5:59:58